



Bakery

Assorted Muffins 40/dz

Assorted Raw Vegan Cake Bites 65
(Serves 8-10)

Assorted Loaf Slices..... 30
(18 Slices/9 Servings)



Why LifeThyme?

**Healthy, Vegan,
Raw, Gluten-Free
& Local Options**

Delivery Available on Request
(Additional Fee)

Please allow a 24-48 hour window
for catering requests to be confirmed.

instagram/lifethymemarket
facebook/lifethymemarket
Catering@lifethymemarket.com

201-266-5528



Catering MENU

LifeThyme All-Natural Market

M - F: 7:30AM – 9:30PM

Sat - Sun: 8AM – 9:30PM

410 6th Ave. (btwn 8th St. & 9th St.)

Greenwich Village, NY 10011

www.lifethymemarket.com

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Breakfast

Avocado Toast 70

(Balthazar Sourdough Bread, 10 Slices)
Includes "Pick 2" Topping Options



Pick 2 Topping Choices:

Red Onions - Tomatoes -
Cucumbers - Spring Mix

Premium Toppings:

(Additional)
Microgreens +30
Smoked Salmon +20
Sliced Boiled Egg +10
Capers +10

Overnight Oats 35

Rolled Oats, Milk of Choice, Cinnamon,
Pick 1 Topping Choice Included. (10 Cups)

Milk Options: (Pick 1)

Almond, Organic Oat, Organic Whole Milk

Topping Choices: (+10, Includes 1)

Fresh Berries: Blueberries, Raspberries,
Strawberries, Blackberries

Dried Fruits: Thompson Raisins,
Dried Cranberries, Diced Dried Apricot/Figs/Dates

Nuts & Seeds: Walnuts Chopped, Almond Slices,
Pecans Chopped, Raw Pumpkin Seeds,
Raw Sunflower Seeds, Chia Seeds

Sweetener: Maple Syrup, Agave, Honey



Wraps

Chicken Aioli Wrap 100

Raw Vegan Mediterranean Veggie Wrap 85

10 Servings Per Order

Please allow a 24-48 hour window for order confirmations.



Raw Vegan Salads

Mixed Veggie Platter 50

Raw Broccoli, Cauliflower, Carrots, Celery, Bell Peppers

Choice of Sprouted Chickpea Hummus or

Sprouted Chickpea Kale Hummus Made In House.

Cashew Kale Caesar Salad (Vegan) 65

Greek Salad 75

Champion Salad 75

Supreme Salad 75

Red Cabbage Salad 70

Hemp Salad 75

French Lentil Salad (Lentils Cooked, Not Raw) 65

Pesto Tofu Salad (Tofu Not Raw) 65

Coleslaw (Mayo Not Raw, Contains Egg) 65

10
SERVINGS
PER
ORDER

Vegan

Roasted Sweet Potatoes 55

Roasted Mixed Vegetables 75

Stir Fry Tempeh 105

Vegan Lasagna 105

Veggie Meatballs w/ Marinara 95

Protein

TOFU/TEMPEH

Seared Chilli Tofu 50

Sweet and Sour Tofu 90

Stir Fry Tempeh 105

SALMON

Poached 110

Miso Marinated 115

TURKEY

Meatballs w/ Marinara 130

CHICKEN

Breast/Mixed

Naked 80/50

BBQ 100/70

Pumpkin Seed 100/75

Herb Roasted 90/70



Grains

Brown Rice 30

Herb Farro 40

(w/ Butternut Squash/Cinnamon)

Quinoa Kale Salad 50

HEALTHY

ORDER NOW - 201-266-5528